#### Contact us

To make referrals to our service or to find out more information, please contact:

Ziggy Gwatiringa Look Ahead Nimrod House 11 Vanguard Close E16 1PN

Tel: 0207 511 8073 Mobile: 07788 234191 Email: <u>tafadzwagwatiringa@lookahead.org.uk</u>

## About Look Ahead

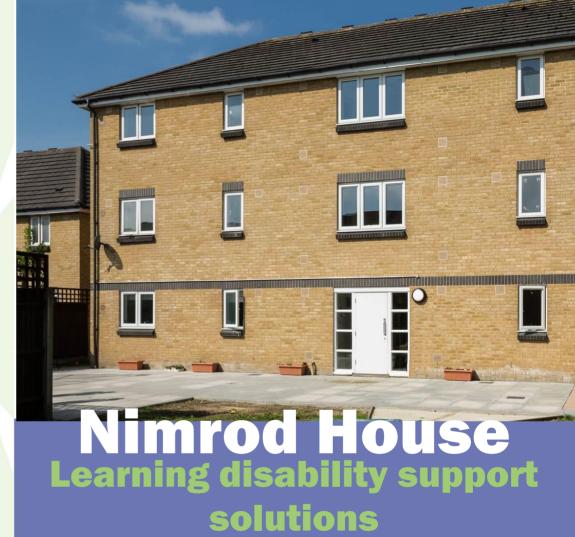
Look Ahead supports thousands of people across London and the South East with a diverse range of needs, helping them to make individual choices, achieve goals and take control of their own lives by providing tailor-made support, care and accommodation services.

Whether it's working with someone to achieve a positive change or providing specialist care, Look Ahead's experienced and passionate teams are committed to delivering high quality services they would be proud for their loved ones to receive.



# lookahead.org.uk

Services we would be proud for our loved ones to receive





#### Our approach

Nimrod House is Look Ahead's new learning disabilities service in Newham. The service offers accommodation-based care and support for up to five customers, in self-contained flats.

Our professional teams deliver safe, high quality and flexible services. Look Ahead's learning disability care and support services are underpinned by the principles of personalisation, empowerment and inclusion.

We have embedded Positive Behavioural Support (PBS) within our model which is fundamentally rooted in person-centred values. Our services support individuals to integrate into the community and improve their personal life skills and competence, whilst ensuring that respect for customers' dignity is at the heart of what we do.

#### Our structured model for customers

Our model of support at Nimrod House is aligned to the Transforming Care programme and provides a bespoke support solution for customers with complex learning disabilities or autism who:

- require ongoing coordinated support from multiple agencies including psychiatry, occupational therapy and a range of health services
- have been FACS (Fair Access to Care Services) assessed as requiring a 24 hour accommodation-based support service
- will be at increased risk of presenting with behaviours that challenge
- on assessment, pose increased risk to themselves or others as a result of the complexity of their needs, due to their mental health support needs, forensic history or other reasons

## About Nimrod House

The service provides a core support model that includes a shared waking night and management response, with the addition of personalised individual one-to-one hours to meet a range of needs that may change over time.

We provide a unique combination of registered care and supported living services at Nimrod House to ensure flexibility in tenure and the level of required care in self-contained accommodation

The accommodation is newly refurbished, high quality, self-contained and modern in design, tailored to support customers with behaviour that may challenge.

**Bespoke features of Nimrod House include:** 

- Handle-less kitchen furnishings
- Integrated, low-profile shower heads
- Anti-ligature doors
- Low-profile, impact resistant lighting
- Heavy duty furniture

The service also has a spacious lawned garden with a ground level trampoline, growing areas and a bike storage area.

