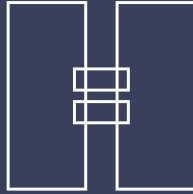


Oaklands

Specialist support for young adults' mental health, recovery and wellbeing



Introducing Oaklands – Look Ahead's flagship mental health service in Ealing supporting young adults aged 18-25 years with mental health needs, autism and neurodivergence from anywhere across London.

Oaklands offers a safe, nurturing and psychologically informed environment designed to support young people on their journey to greater independence and long-term wellbeing.

Housed in a beautifully newly refurbished six-bedroom Victorian townhouse, the service combines homely comfort with high-quality support.

[Click here to view the service environment](#)

Referrals & Contact

To make a referral:

Email: MHReferrals@lookahead.org.uk

or

Contact: Philippa Nancoo, Head of Young People Services & Ofsted Matrix Lead
PhilippaNancoo@lookahead.org.uk

Key features

- Early intervention focus** – empowering young people to move forward positively
- 24/7 double staff cover** – trained professionals equipped to meet complex and changing needs
- In-house therapist and dedicated support workers** – personalised support for every resident
- Bespoke recovery plans** – tailored to promote stability, community integration and daily living skills
- Collaborative care** – working closely with NHS clinicians, families and professionals
- Offers spot placements** – accepting referrals from anywhere across London

"I feel like the staff here really care about me, that they want to support me and see me succeed. I haven't really felt like that before."

Maisie - Customer

