





St Kilda's is a safe and welcoming place where you can feel at home while getting the support you need. Whether you're working through tough times or planning your next steps, St Kilda's is designed to help you build confidence, independence and long-term wellbeing.

It's cosy, comfortable and feels more like a home than a service. Alongside that homely vibe, you'll have access to support that's based around you, from people who understand what you're going through.

What is it like to live here?

- St Kildas has six bedrooms, where we support young people aged 16-21 for about two years as they get ready to live on their own.
- There is a communal kitchen, and bathrooms shared with one or two other young people. If you move in, you will have your own private lockable bedroom and kitchen cupboards. You'll be part of a community where everyone works together to keep the house safe and fun.



How will I be supported?

- We have a team of Support Workers there 24/7, so there will always be someone you can speak to if you need to.
 - Our team are passionate about making sure you feel at home and working with you to reach your goals. Each young person has a named Support Worker they can go to for anything, but all staff are there to help.



What can I do at the service?

Our staff will help you plan activities you're interested in, whether you want to lead or join in. We're also here to support you with education, careers, and relationships – celebrating the good times and supporting you through the tough times.







FAQs

Can I have visitors?

Of course! We will ensure that you can stay in touch with important family and friends during the day, while keeping safe.

What if I need extra support?

We will talk to you about anything that comes up, and you can always speak to staff in the house at any time, day, or night. Nothing will come as a surprise, and we are here for you if you need more support.

How long will I live here for?

Your time at the service depends on your specific needs, however we think it will usually range between one and three years. Throughout this time we will support you to then move on to a more independent accommodation.

Next steps

If you and the professionals around you want to learn more about us, get in touch on the email addresses below.

Email

OaklandsandStKildaReferrals@lookahead.org.uk

or

Contact: Philippa Nancoo, Head of Young People Services & Ofsted Matrix Lead **PhilippaNancoo lookahead.org.uk**

Where we are



St Kilda's is located in Ealing, West London



Scan the QR code for a video tour!









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lookahead.org.uk

