

For more information about the service please contact:

Hope House
316-320 High Street,
Slough,
Berkshire,
SL1 1NB

Tel: 01753 523 182
Email: @lookahead.org.uk

About Look Ahead

Look Ahead supports thousands of people across London and the South East with a diverse range of needs, helping them to make individual choices, achieve goals and take control of their own lives by providing tailor-made support, care and accommodation services.

Whether it's working with someone to achieve a positive change or providing specialist care, Look Ahead's experienced and passionate teams are committed to delivering high quality services they would be proud for their loved ones to receive.



lookahead.org.uk

Services we would be proud
for our loved ones to receive



Hope House
Slough Recovery Services



Stage one - Hope House

Hope House is the first stage of a two stage supported accommodation service in Slough.

The aim of this service is to provide support and accommodation to individuals with mental health needs, based on a recovery approach. During their time in the service, customers receive personalised support to meet their needs, achieve goals and move on to more independent living.

Customers typically receive support at Hope House for up to two years before progressing on to the second stage of the service at Doddsfield Road.

Our Accommodation

Hope House is a newly renovated property located on Slough High Street. The property has ten one-bedroom self-contained flats spread over three levels. Each flat has its own bedroom, bathroom and kitchen and is fully furnished.

There is also a communal kitchen area where residents can cook, socialise and enjoy different activities such as healthy cooking classes, workshops and coffee mornings.

Our Support

Our friendly and professional staff team are based at the service 24 hours a day, including sleep-in support from 10pm- 8am. The service is staffed by a Manager and three Support Workers.

The service is run in partnership with the Community Mental Health Team (CMHT) in Slough. The CMHT work jointly with customers and Look Ahead support staff to create a collaborative recovery support plan, tailored to each individual.

All customers receive Look Ahead's Choice and Control offer, which offers flexible support from a Support Worker of their choice. Whilst at the service customers will also receive support from Peer Mentors, who have lived experience of mental health and other needs.

Stage two - Doddsfield Road

When customers are ready they will be supported to move on to the second phase of the service situated within the Britwell Estate in Slough. This service provides customers with the opportunity to build on the independent living skills that they acquired during their time at Hope House in a lower support environment.

Customers will continue to receive support from both Look Ahead and the CMHT but at a reduced level as their independence develops. The maximum length of stay at this service is up to one year.

Move-on

The final stage of this service is when customers feel ready and able to move into their own independent accommodation, with effective life skills and strong support networks in place.

Whilst a limited number of customers may be eligible to receive local authority assistance with their accommodation, the significant majority will be supported to secure their own accommodation from the private rented sector or potentially through Look Ahead's own accommodation within the local area.

Hope College

During their time at Hope House customers will have access to a variety of educational courses and activities through the Hope College programme.

Run by the CMHT and the borough council, the college offers courses, activities and workshops that promote health and wellbeing and teach people how to live with, and manage their mental health needs on a daily basis. For more information about Hope College please visit www.berkshirehealthcare.nhs.uk and search for 'Hope College'.